



January 28, 2024 | 4th Sunday after the Epiphany

The Book that Brings Joy

The Bible as a Story that Leads us to Jesus



“The News that Brings Joy”

Mark 1:14-20



GETTING CLOSER to God

GROWING DEEPER in Love

REACHING WIDER with the Gospel

Order of Worship

Welcome & Announcements		Pam Freeman
Opening Hymn	"Lead On, O King Eternal" #580	Mike Gaul & Joseph Brewer, Director of Music Ministry
Children's Message		Rev. Tim Emmett Senior Pastor
Scripture Reading	Mark 1:14-20	Rick Adams
Message	"The News that Brings Joy"	Rev. Tim Emmett Senior Pastor
Anthem	"Here I Am" <i>arr. by Jack Schrader</i>	Worship Choir
Mission Moment		ALL Serve Celebration
Prayer		Dr. Heather Jallad Pastor of Community Engagement
The Lord's Prayer		
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.		
Offering		
Offertory Music	"I Will Follow" <i>by Chris Tomlin, Jason Ingram, & Reuben Morgan</i>	Praise Band
Closing Praise	"The Blessing" <i>by Chris Brown, Cody Carnes, Kari Jobi, & Steven Furtick</i>	
Call to Service		
Benediction		
Song of Response	"On Eagle's Wings" #143	
Postlude		



The Book that Brings Joy

A few possible next steps

As you follow Jesus from this service of worship to the world that he loves, here are a few possible next steps in the light of the Scripture and sermon from Sunday, January 28.

Read

This Sunday, we explored the fourth chapter in the biblical story, which is, of course, JESUS. According to the Gospel of Matthew, the best way to understand Jesus and his kingdom is to read, study, and obey the Sermon on the Mount (Matthew 5-7). It's important to remember that the Sermon does not describe an *ideal* life in an *ideal* world. Instead, it describes and makes possible a *kingdom* life in a *fallen* world. This is how we walk with Jesus through the world as it is toward the world as it will be!

- Sunday - Matthew 4:12-25
- Monday - Matthew 5:1-16
- Tuesday - Matthew 5:17-48
- Wednesday - Matthew 6:1-18
- Thursday - Matthew 6:19-34
- Friday - Matthew 7:1-12
- Saturday - Matthew 7:13-28

Reflect

Following each day's reading, reflect on these questions:

- How did Jesus embody the words I've just read? In other words, how did he practice what he preached?
- What if Jesus is serious about what he said? What is one thing I can do to take Jesus seriously and put this teaching into practice in my life today?

PRACTICE

Continue practicing the Examen, a daily "examination of consciousness" first popularized by Ignatius of Loyola (1491-1556). According to Pete Greig, the examen can take five minutes or one hour and unfolds in four simple steps:

1. **Replay** – Think over your day like a movie replaying in your head. Notice what you are noticing. What made you happy? What made you anxious? What made you angry?
2. **Rejoice** - Thank God for those things which are obvious. But also thank Him for non-obvious things which we sometimes forget - random acts of kindness, being healthy, a positive song or meal. Relish and savor these moments in gratitude to God.
3. **Repent** – Say sorry to God for moments that come into your mind as you review the day e.g., getting involved in gossip, reacting with a tone that was aggressive, lacking compassion in a situation, ignoring a need, not responding to a nudge. Receive His forgiveness afresh.
4. **Reboot** – Make a decision in your heart to live for Jesus tomorrow and ask for grace to see His presence more clearly.

Source: <https://prayercourse.org/tolshed>

Pray

The prayer that Jesus taught (Matthew 6:9-13) takes the gospel Jesus preached and turns it into prayer. This week, follow the example of the early church and pray the Lord's prayer three times per day: in the morning, at noon, and at night. As you do so, try to picture specific people or places in the world. Pray with them and for them.

Remember, your prayers help bring heaven here!

THIS WEEK^{at} GLANCE



Sunday, January 28

9:30am Sunday School Classes
 9:30am Youth Sunday School
 9:30am Cannon Kids
 11am Worship Service
 5pm Youth Group

Monday, January 29

6pm Boy Scouts
 6:30pm Finance Committee Meeting
 8pm Alcoholics Anonymous

Tuesday, January 30

8am Tuesday Men's Bible Study
 6:30pm Board of Trustee Meeting

Wednesday, January 31

5:45pm Bible Reading Group
 6pm Handbell Choir Rehearsal
 7pm Worship Choir Rehearsal

Thursday, February 1

6:30pm BSA Nova
 6:30pm Orchestra Rehearsal
 7:30pm Praise Band Rehearsal
 8pm Alcoholics Anonymous

Saturday, February 3

7:30am Men's Bible Study
 8am Cub Scouts Pinewood Derby
 8:30am Diamonds in the Rough
 7:45pm Narcotics Anonymous

Sunday, February 4

9:30am Sunday School Classes
 9:30am Youth Sunday School
 9:30am Cannon Kids
 11am Worship Service
 5pm Youth Group



SE GWINNETT CO-OP DONATIONS

Most Needed Item for February: Pasta Sauce

Each month, each church will be focused on one item for donation to the SEGC. For February, Cannon's item continues to be **Pasta Sauce**. While all items are still welcome, pasta sauce will be the item that they most need from us.

Please place your donations in the bins at the lower level entrances. Thank you for your generous support of SE Gwinnett Co-op!



2024 LENT, HOLY WEEK, AND EASTER

These are the opportunities available during Lent, Holy Week, leading up to Easter Sunday. You are invited to participate in this journey.

Ash Wednesday

February 14

7-8:30am Drive-thru Ashes
5-6:30pm Drive-thru Ashes
7pm Ash Wednesday
Service (Sanctuary)

Lenten 40-Day Bible Reading Plan

Begins Ash Wednesday

February 14

Get your bookmarks at the Welcome Center

Bible Study for Lent with Pastor Tim "Successful Failures"

Meeting Sundays (9:30am) &
Wednesdays (6pm)
See page 6 for details

Pre-recorded Reflections for Holy Week

beginning March 25
available on Cannon's YouTube channel

Holy Week Self-Guided Prayer Stations in the Sanctuary

Monday-Friday, March 25-29
12-3pm
Monday, March 25 & Wednesday,
March 27
5-8pm

Palm Sunday

March 24 @ 11am (Sanctuary)
"The Fight Jesus Chose"

Spring Fling

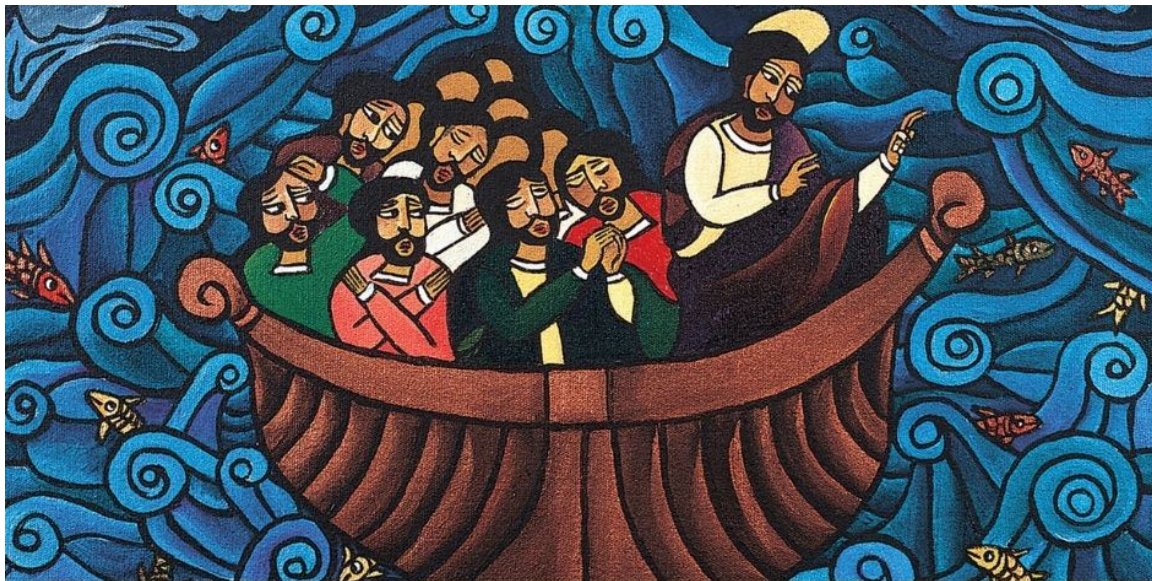
March 24 - 3-5pm
Family Event – All Ages Welcome!
Egg Hunt, Games, Cake Walk, and
more! (See page 11)

Holy Thursday Service

March 28 @ 7pm (Sanctuary)
A service of Celebration and Sorrow
with Holy Communion.

Celebrate Easter with Us

March 31
"The Most Surprising (and
Scandalous) Thing About Easter"
9:30am - Contemporary Service
11am - Traditional Service



SUCCESSFUL FAILURES

The Disciples in the Gospel of Matthew

SUNDAY EDITION

February 18 | 25
March 3 | 10 | 17 | 24
9:30-10:30am
Staff Conference Room

WEDNESDAY EDITION

February 21 | 28
March 6 | 13 | 20 | 27
6-7pm
Second Floor Conf. Room

This Lent, join Pastor Tim for a life-changing journey through the Gospel of Matthew. As we will discover, the first followers of Jesus were not people of great faith. They had doubts and made mistakes. But Jesus still called them, sent them, and used them. What can we learn from these "successful failures"? How can their stories help us today? Find out this Lent on Sundays or Wednesdays! The same session will be offered twice each week: one on Sunday at 9:30am; the other on Wednesday at 6pm as noted here. Sign up today through cannonchurch.org, Registrations.

There's no book to buy. Just bring yourself, a Bible, and a friend!

For more information, please contact Pastor Tim (TimE@cannonchurch.org).



We are getting ready for Easter by walking with Jesus through the Gospel of Matthew. As we will discover, Jesus fulfilled the promises of God in expected ways and calls us to follow his unexpected path toward the fullness of life together with God. We would love to share this journey with you!



SPEAKING THE BIBLE TOGETHER

WEDNESDAYS | 5:45PM • 2ND FLOOR CONFERENCE ROOM • ALL ARE WELCOME

Contact Jan (jand@cannonchurch.org • 678.501.6413)



Much of the Bible was written to be read out loud. What would it be like to schedule time to do just that with a small group of people?




SOUPER BOWL SUNDAY

& dessert auction
proceeds benefit the Music Ministry

FEB 11 2024

In Fellowship Hall following Worship





On Communion Sundays, a special offering is taken to support a Mission of Cannon Church. This Offering can be given in the same manner in which your tithe or offering is given: online at cannonchurch.org, Give, Give Online; in the Offering plate or in the boxes located in the Narthex and the Connector; or by a check being mailed to the church. One additional way this offering is received is via text-to-give as noted here.



Text to Give: Text Number: 678.203.9831
Fund Name: "# Communion" (# = dollar amount), i.e. "25 Communion" is a donation of \$25 to the Communion Rail Offering of the day.

February's Communion Sunday is February 4 and the Special Offering will go to support UMCOR. UMCOR comes alongside those who suffer from natural or human-caused disasters – be it famine, hurricane, war, flood, fire or other events - to alleviate suffering and to be a source of help and hope for those left most vulnerable. They provide relief, response and long-term recovery grants when these events overwhelm a community's ability to recover on their own. UMCOR also provides technical support and training for partners to address emerging and ongoing issues related to disaster relief, recovery, and long-term health and development.

Ladies - How about lunch ?

COME JOIN THE SARAH CIRCLE!

♥

FRIDAY
FEBRUARY 2

When: 12pm
Where: Olive Garden - Hwy. 124

Get out of the house and come have
lunch with a fun group of ladies -
the Sarah Circle!

♥




RSVP: Diane Cline (770.317.0751) or Nancy Hammer (404.314.1425)

Preschool



Registration for the 2024/25 school year opens as follows:

- Current Students - January 16
- Church Members - January 22
- Community - January 29

Please contact us to schedule a tour:
Heather Gallagher - 678.501.6442 | preschool@cannonchurch.org
Caren McErlain - 678.501.6442 | carenm@cannonchurch.org



NOW HIRING

**PRESCHOOL
SUBSTITUTE TEACHERS**

678.501.6442



AfterSchool / Summer Day Camp

**AFTERSCHOOL / SUMMER DAY CAMP
REGISTRATION**

**Cannon AfterSchool 2024/25
Registration Opens:**

Current Students: Monday, February 5
Church Members: Wednesday, February 7
Community: Friday, February 9

**Cannon Summer Day Camp 2024
Registration Opens:**

Returning 2023: Monday, April 8
Church Members: Wednesday, April 10
Community: Friday, April 12



678.501.6437 • cannonchurch.org

**CANNON AFTERSCHOOL
SKATE NIGHT**

**TUESDAY, FEBRUARY 6TH
5 - 9 PM**

SPARKLES FAMILY FUN CENTER
1104 GRAYSON HWY, LAWRENCEVILLE, GA 30045

Join us for a night of fun skating, laser tag, arcade games and more!
ADMISSION: \$7.00
\$2 for every ticket sold goes to Cannon AfterSchool
BRING THE WHOLE FAMILY



RUN THE REAGAN WITH CANNON CHURCH! FEBRUARY 10

Our church is gathering a team to Run the Reagan on Saturday, February 10. Will you join our team? Now in its 29th year, Run the Reagan® is an annual community event which features a Half Marathon, 10k and 5k races and a 1K fun run down Ronald Reagan Parkway. All proceeds collected from the race benefit 3 great local charities: Brookwood Schools Foundation, the South Gwinnett Cluster Foundation, and the Lilburn Co-Op.

You don't have to run fast or far. You can walk, if you prefer. In fact, you can be a Ghost Runner, a person who signs up to support the charities but who doesn't actually run (or walk) at all. Join our team and support these great charities! Go to RuntheReagan.net to register for the race. Be sure to put "Cannon UMC" for Team Name. If you want to be a Ghost Runner, just click "Donate" instead of "Register". Donate or sign up today!



HAVE A HEART FOR THE HUNGRY FOOD DRIVE FEBRUARY 24 - MARCH 3 OPPORTUNITIES AVAILABLE!

Cannon's annual food drive to support the Southeast Gwinnett Cooperative will be held February 24 - March 3. We're looking for people to share the joy of feeding our neighbors in need. Empty bags will be distributed February 24-25 and full ones picked up March 2-3.

Experienced and first time helpers are always welcomed. You can help with your street, several streets, or your whole neighborhood. Help is also welcomed with intake at the Co-op on March 3 & 5.

To sign up or get your questions answered, call, text, or email Doug Schendel (770-687-1710 or dougschendel@icloud.com).



SPRING FLING

**GAMES • CAKE WALK • ACTIVITIES •
EGG HUNT • AND MORE!**

MARCH 24 • 3-5PM

FAMILY EVENT – ALL AGES WELCOME!

Donations Needed for Spring Fling

A lot of guests are expected for Spring Fling!

To prepare, many items are needed.

Can you help by making a donation of any of the following?

- Empty Plastic Eggs
- Individually wrapped candy
- Small toys/tattoos/sticky hands, etc.
- ALL BEEF Hotdogs and Buns
- 12 oz. Solo Cups
- Kool-Aid (different flavors - large containers)
- Clear Tape (to tape eggs together)
- More ideas? See the Cannon Church Facebook page to locate the Amazon Wish List.

Coming Soon! A list of Volunteer positions!



For further information on Children's Ministry, visit cannonchurch.org, Connect, Cannon Kids
Contact: Sasha LaBonte (678.501.6417 or sashal@cannonchurch.org)

Join our Cannon Kids Facebook page to stay up to date on events and Sunday morning activities!

JOIN US SUNDAY MORNINGS

9:30AM

- Combined 4-year-old through 5th Grade Sunday School Hour

11AM SUNDAY MORNING KIDS' SERVICE

- Nursery (0-3 years)
- **NEW** Pre K-K (ages 4,5,6) – Class in the Nursery hallway, Room 123. An age-appropriate Bible Lesson will be provided with Worship, games, crafts, and other activities! We are excited for you to join us!
- 1st-5th Grade will begin in the Sanctuary and then be dismissed downstairs to resume a morning of Bible, games, and activities.

**K-5th Grade
Fat Tuesday
Mardi Gras
Kids Party!**

Fat Tuesday Pancake Dinner, Games, King Cake, Parade of DIY Floats, Crafts, and more!

**February 13
6-7:30pm**

Come kick off Lent with us
Invite your friends!

RSVP here:

CANNON
UNITED METHODIST CHURCH
2424 Webb Gin House Rd • Snellville
cannonchurch.org • 770.972.5463



Visit cannonchurch.org, Connect, Students
Contact: Jackson Mobley (jacksonm@cannonchurch.org)



Facebook: facebook.com/cannonyouth



Instagram: @CannonYouth



Email:
cannonyouth@gmail.com



Phone Number:
478-731-4263



Remind 101 for middle school:
Text @cannon-ms to 81010



Remind 101 for high school:
Text @cannon-hs to 81010

SUNDAYS FOR YOUTH

Sunday Morning

- 9:30am Sunday School

Sunday Evening

- 5-7pm Youth Group

2024 Upcoming Events

- 16-19 FEB** Disney Winter Trip
- 1-3 MAR** NGUMC Youth Summit

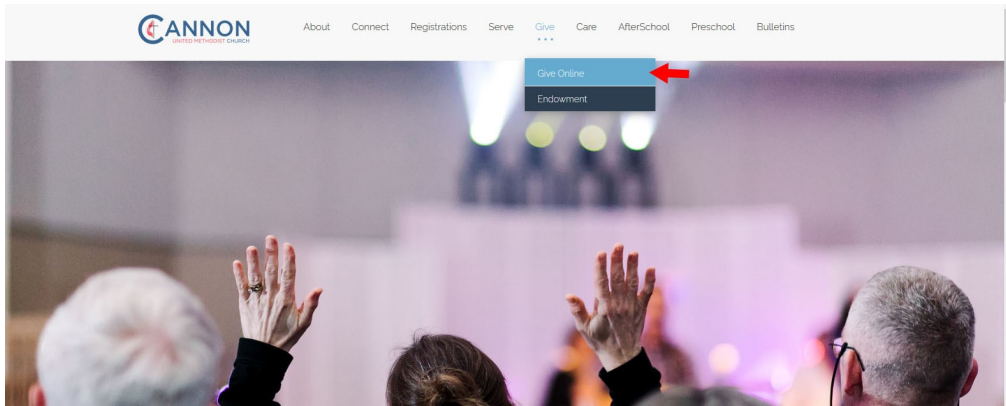


College-Age Care Packages

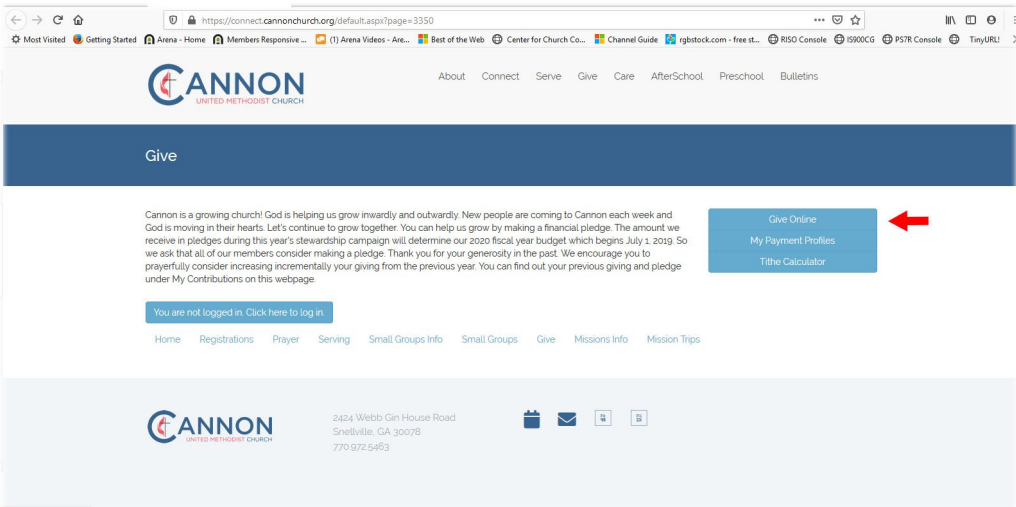
Do you know a College student? We're sending out Care Packages and if you know of someone who should get a little joy in the middle of their semester, register them now at cannonchurch.org, Registrations.

Online Giving Instructions

Go to cannonchurch.org and hover over the “Give” but then click on the “Give Online” that pops up as indicated by the red arrow below.



It will take you to the following page. Click on the “Give Online” option as indicated by the red arrow below. Then you can Login or set up a profile.



If you would prefer a password be assigned to you, send Angie an email at angieb@cannonchurch.org and she will establish a password for you and send it to you.

Update on \$100 from 100

Thank you to everyone participating in our \$100 from 100 campaign in the second half of 2023. Because of your generous support, the church received an additional \$58,097 in those six months, which was crucial for us. If you had an autopay set up, it should have completed on December 31, 2023.

Prayer List

January Prayer Focus: Journeying to Jesus

January Mission Prayer Focus: Family Promise of Gwinnett / Promise Haven
(Mission of the Month)

New Concerns (Listed for 3 weeks)

- Health concerns for aging parents
- Lillie – for complete healing of leukemia cancer, diagnosed in January 2023. Still undergoing treatment
- Jesus, I come to You and to Your Kingdom. Show me the way of Your Kingdom every day. Help me to follow it. Amen.
- Aunt Frances – suffered a stroke and is in rehab
- Amos – respect and honor his parents
- Cheryl Pruehs – two back surgeries this week and then to rehab for an undetermined amount of time -pray for successful surgeries, wisdom and skill for doctors and staff, and peace of mind for Cheryl and her friends and family
- Viola – healing
- Peace all over the world and in each of our hearts
- For Hamas, may God enter and change their hearts
- For Nigeria and those who are persecuting Christians
- For elderly parents
- For family to set aside disputes and anger during the wonderful peace of Christmas
- Prayers for a call in everyone's heart so that God's voice can be heard
- Mother and Daughter
- Brother-in-law and his mother
- Healing of a marriage
- Isela – healing and to keep her job in this difficult time

Our Sympathy to

- LeeHester Rhodes and family, on the passing of her sister LaDonna McKenzie, on January 3

Ongoing Concerns (Listed for 3 months)

- Eric Schott – health concerns
- Carol – prayers for healing – ongoing treatments

Armed Forces

- Lt. Colonel Lane Daigle (Marines) –Marine Corps Air Station, Kaneohe Bay, Hawaii
- Major Jon Brown (Air Force) – Eglin AFB, FL
- Parker Travis (Navy) – ABF1 (EAWS and ESWS) – USS Kearsarge LHD3, Norfolk, VA
- Major Ty Bowen (Air Force) – Mountain Home AFB, ID
- Col. Chris Steele (Marines) Commanding Officer, 5th Marine Regiment – deployed to Australia
- Christian Peterson (Navy)
- Staff Sgt. Jeff Wells (Army) – Syria
- Drew Moseley (Navy) – Whidbey Island Naval Air Station
- Levi Reulecke (Navy) – Chief Master at Arms – stationed in Guam
- Nate Smith LCpL (Marines) –stationed at Camp Hansen, Okinawa Japan
- Captain Grant Capps, MD – Tinker AFB, Oklahoma
- Lieutenant Colonel (LTC) Clay Bagwell – Aviation Task Force Commander

Missionaries

- Our missionaries in Egypt
- Daniel and Katie Simmons (UGA)
- Donald and Cristy Stretch and family (Dominical, Costa Rica)

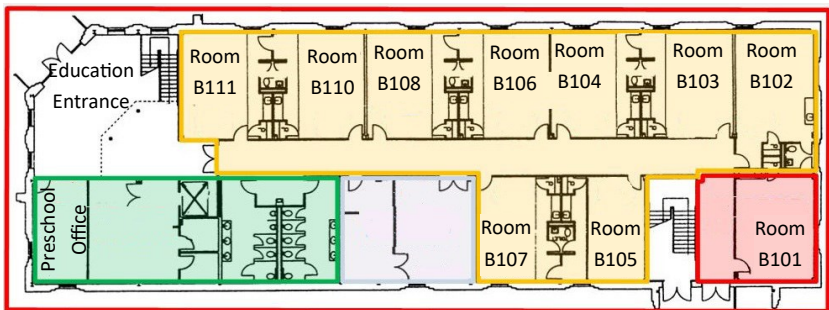
Meet Our Staff

Direct Line: 678.501.xxxx (insert 4-digit extension)

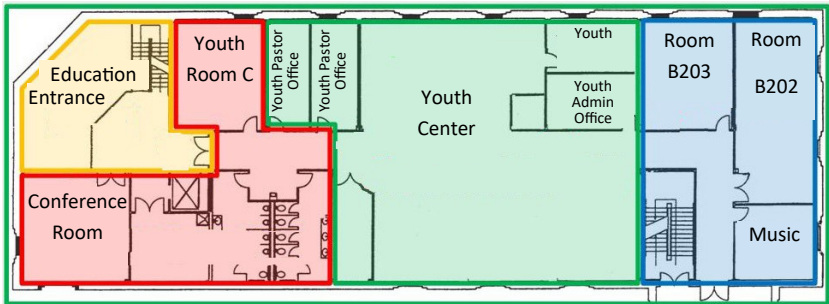
Name	email	Title	Ext.
Receptionist			6410
Tim Emmett	time@cannonchurch.org	Senior Pastor	6420
Heather Jallad	heatherj@cannonchurch.org	Associate Pastor / Pastor of Community Engagement	6430
Jan Dwyer	jand@cannonchurch.org	Director of Discipleship	6413
Joseph Brewer	josephb@cannonchurch.org	Director of Music Ministry	6424
Anthony Fields	anthonyf@cannonchurch.org	Director of Worship Media	6419
Sasha LaBonte	sashal@cannonchurch.org	Director of Children's Ministry	6417
Jackson Mobley	jacksonm@cannonchurch.org	Director of Youth Ministry	6414
Caren McErlain	carenm@cannonchurch.org	Director of Preschool Ministries	6440
Heather Gallagher	preschool@cannonchurch.org	Preschool Assistant Director	6441
Natalie Taddei	nataliet@cannonchurch.org	Director of AfterSchool Ministries	6435
Thea Hernandez	theah@cannonchurch.org	Director of Operations	6411
Ashley Khosh	ashleyk@cannonchurch.org	Accounting Assistant	6416
Dan Norris	dann@cannonchurch.org	Facilities Management	6428
Angie Ball	angieb@cannonchurch.org	Director of Communications	6412

Maps of the Building

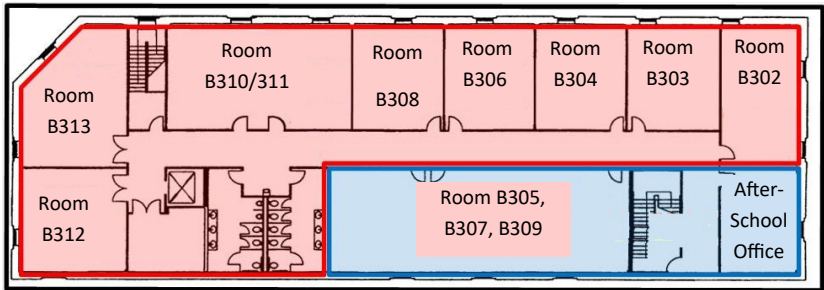
Building B / Education Building



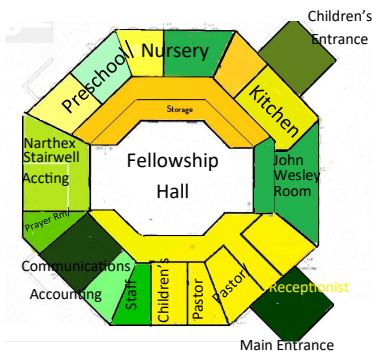
1st Floor



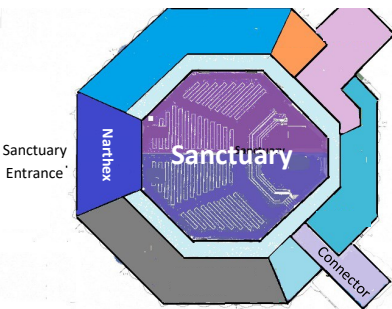
2nd Floor



3rd Floor



Church Offices



Sanctuary



Rev. Tim Emmett, Senior Pastor
Dr. Heather Jallad, Pastor of Community Engagement
2424 Webb Gin House Road, Snellville, GA 30078
phone: 770.972.5463 fax: 770.985.5521 info@cannonchurch.org cannonchurch.org
Wi-fi - Network: "Cannon Family", Password: CCConnect